

Post-Intensive Lesson Planning & Teaching Demonstration

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I have no known conflict of interest to disclose.

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Lesson Theme Description: This lesson will focus on the significance of ethics in group counseling.

Learning Outcomes: My first learning outcome is as follow: “Students will be able to demonstrate an effective comprehension about significant ethical issues in group counseling. My second learning outcome is as follow: “Students will be able to effectively apply ethics in group counseling.”

Resources: I need the following resources to teach this lesson: resources from the library and its databases; Gladding, S. T. (2016). *Groups: A counseling specialty* (8th ed.). Merrill Counseling Series; lecture; and Multimedia PowerPoint. The *ACA Code of Ethics* (2014) will also be used in this lesson.

Class Knowledge: What level of information do my students already have on this concept? My students already have knowledge about this subject and have been involved with group work in their other classes. How does this impact my lesson? This impacts my lesson because they have already been exposed to this subject and have already been involved with group work.

Strategies: What teaching strategies will I use to help me accomplish each learning outcome? PowerPoint, group discussion, and volunteer readers. Why do I choose each strategy? I chose PowerPoint because I believe that this will help to better engage the group and will help to better present the information to the group. Group discussions help

to engage members in the group to find out about their understanding about the topic.

Having the students volunteer to read will increase participation and engagement.

Lesson Plan

Time allotted	Teaching Activity	Resources Needed	Rationale
4 minutes	Topic introduction, along with objectives and learning outcomes	PowerPoint including slides of different types of exercise activities, as well as learning outcomes and great information	To teach about the importance of ethics in group counseling
2 minutes	Question: “What is ethics?” Fill in the blank. Ethics is _____. Class volunteers will verbally share their responses in the Zoom.	PPT slide Question/Fill in the blank	This exercise will engage the group and encourage interaction. I want to assess their prior knowledge about ethics.
3 minutes	Define ethics and code of ethics.	PowerPoint slide	I want to further define ethics and code of ethics.
3 minutes	Introduce and define some of the most important values concerning ethics	PowerPoint slides	I want to make them aware of the values associated with ethics.
2 minutes (14 minutes so far)	Question: “What is the importance of a code of ethics in group work?” Class volunteers will verbally share their responses in the Zoom.	PowerPoint slide Question/Share	This exercise will encourage the group to make the connection between the code of ethics and group counseling.
2 minutes (16 minutes)	Discuss the American Counseling Association and the ACA	PowerPoint slides	Every counselor educator must know about the 2014 <i>ACA Code of Ethics</i> .

<p>1 minute (17 minutes)</p>	<p>Fill in the blank. “Professional education programs are held accountable for effectively training group leaders by _____.” Class volunteers will verbally share their responses in the Zoom.</p>	<p>PowerPoint slide Question/Fill in the blank</p>	<p>This exercise will engage the group and encourage interaction. I want to assess their prior knowledge about CACREP.</p>
<p>4 minutes (21 minutes)</p>	<p>Discussion about some ethical issues related to group counseling.</p>	<p>PowerPoint slides Volunteer Readers</p>	<p>I want them to be able to recognize and differentiate between the major ethical issues that are associated with group counseling.</p>
<p>4 minutes (25 minutes)</p>	<p>Case Study Exploration Question: “What are the ethical implications in this case study?” Class volunteers will verbally share their responses in the Zoom.</p>	<p>PowerPoint slides Group exploration/discussion about the ethical</p>	<p>I want the group to explore and discuss about the ethical issues in this case study.</p>
<p>5 minutes</p>	<p>Revisit key points from the presentation. Group questions and feedback.</p>	<p>PowerPoint slides Group discussion</p>	<p>I will briefly summarize and revisit the objectives from today’s session. I will give the group opportunity for feedback.</p>

References

American Counseling Association (2014). *2014 ACA code of ethics*.

Gladding, S. T. (2016). *Groups: A counseling specialty* (8th ed.). Merrill Counseling Series.

Zeanah, P. D., Steier, A., Lim, I., Korfmacher, J., & Zeanah, C. H. (2023). Current approaches and future directions for addressing ethics in infant and early childhood mental health. *Infant Mental Health Journal*, 44, 625–637. <https://doi.org/10.1002/imhj.22077>

Appendix

Appendix I: Lesson Plan Rubric

Lesson Plan Rubric (50 points)

Lesson Plan Area	Unsatisfactory (0-10 pts)	Below Average (10-20pts)	Average (20-30 pts)	Good (30-40 pts)	Excellent (40-50pts)
Description					X
Comments	I believe that I appropriately described the lesson being taught.				
Learning Outcomes					X
Comments	I believe that my learning outcomes were aligned with the lesson and the activities.				
Resources					X
Comments	I believe that I included major and strategic resources in this lesson.				
Class Knowledge					X
Comments	I believe that the lesson was appropriately created to reach the group members and to activate their prior knowledge.				
Strategies					X
Comments	I believe that I used various strategies to connect with my group.				
Timeline					X
Comments	I believe that I accurately taught this lesson within the time frame allotted and that my timeline was accurately followed.				